

DR. RUDY J. ELLIS SPORTS MEDICINE CENTER HIGH SCHOOL ATHLETES OF THE YEAR

Sydney Moss

Boone County High School senior Sydney Moss only played one sport at the high school level. But Moss was a high-level basketball player.

The 5-foot-10 guard for the Rebels was named Kentucky's Miss Basketball after a sensational high school career that saw her ranked as a top 50 player nationally.

"She possesses a unique skill set and versatility and can play any position on the floor well and has raised the level of play of her teammates," Boone County coach Nell Fookes said. "Not only has our program benefited

from Sydney's talent and competitive nature, but I feel that she has raised the level of awareness and interest for girls' basketball in the entire Northern Kentucky area. Her unselfish play, athleticism and humble mannerism have made her a fan favorite."

Moss, the daughter of NFL All-Pro wide receiver Randy Moss, is a three-time All-State selection and was named Ninth Region Player of the Year.

Moss played as an eighth-grader at Heritage Christian and then as a freshman at Ryle High School before starring for three years at Boone County. She helped the Lady Rebels to the Girls' Sweet 16 as a sophomore and senior.

The University of Florida signee averaged 23.3 points, 10.2 rebounds, 4.2 assists, 4.1 steals and 1.6 blocks as a senior for the Lady Rebels.

Moss, who was born in West Virginia, finished her

career with 2,997 points and 1,602 rebounds. She ended up shooting 53.6 percent from the field for her career. She set Boone County career records for scoring (2,267) and rebounds (1,074).



J.J. Jude

Johnson Central High School football coach Jim Matney said he's "never seen anything like" the career J.J. Jude had during his high school days.

Jude, a 5-foot-10, 190-pound multi-sport standout, goes down as one of Kentucky's all-time best male athletes in recent memory.

In football, Jude was a running back and set a new state record for career rushing yards, while he won two state titles and was a runner-up in a national meet in wrestling. He also ran track and finished second in the 200-meter dash.

"He's been amazing for our school and is a great kid," Matney said.

Jude was a two-time first-team Courier-Journal All-State selection in football and ended his career with 8,637 rushing yards. He broke the old record for career rushing yards set by former Fort Knox and University of Kentucky standout Derek Homer.

As a senior, Jude ran for 3,061 yards and 31 TDs to become the first Kentucky player to surpass 3,000 yards twice. He's only the sixth player to reach 3,000 in any season, doing it as a junior and a senior.

As a junior, Jude set a state record for yards in a game with 584 in a win over Woodford County. He finished that season with 331 carries for 3,258 yards – second in state history for a single season – and 31 TDs.



Jude signed to play football at Eastern Kentucky University.

In wrestling, Jude made it to the state tournament six years and placed five times. He won the 170-pound title as a junior and senior. Matney said he was a runner-up in a national wrestling meets during his sophomore season.

Jude also played some baseball for Johnson Central.